

# Parents as Teachers

Evidence Based

Because parents are a child's first and most important teacher.

For expectant parents and children through age 5, Parents as Teachers (PAT) provides regular personal visits from a parent educator and group sessions with other families.

Screening and assessments help identify developmental concerns for children. PAT can then connect families to outside resources they may need.

## How does it work?

A certified parent educator works with the family to schedule personal visits. A personal visit averages one hour for each child under five in the home and focuses on parent-child interaction, child development, and family well-being.

## Who It Serves



### Ages 0-5

Families with young children



### Prenatal

Pregnant moms and expectant families

## How It Works



### Home Visiting

In-home coaching with trained parent educators



### Group Support

Community-based workshops and classes

“My parent educator brought structure, confidence, support and that has led to my meaningful success in my desire to help my son develop to his fullest potential during a crisis when I need it most.”

**PAT Parent**

## What families receive:

- Referrals to additional local resources and services to support community connection
- Increased knowledge of early childhood development and positive parenting practices
- Screenings for early detection of potential developmental delays with connections to intervention services
- Support for children's school readiness and success

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